



Smooth Solutions

**PERMANENT ELECTROLYSIS
HAIR REMOVAL**

by Dana

AFTER TREATMENT SKIN CARE

After each treatment your skin must go through a brief healing period, much like you have to care for your skin after a mild sunburn. Following an electrolysis treatment, your skin may be slightly red and irritated. This is normal and usually goes away after a few hours, with sensitive skin taking a little longer.

If scabbing occurs, this is your body's natural response to protect the skin underneath and should be left alone to allow for proper healing; do not pick at the scab. It will eventually fall off leaving healthy, healed skin.

- If you develop a reaction that you think is unusual, be sure to notify Dana so possible adjustments can be made to your procedure in the future.

THE FIRST 24 HOURS AFTER TREATMENT

- Your skin needs time to heal, so try to resist touching it. If you do touch treated skin, then clean it with an antiseptic.
- Avoid using makeup for about a day, or try to use medicated makeup.
- If redness continues after 24 hours, use an Epsom salt compress: combine 1tb salts with a cup of hot water and apply it with a clean cloth for 10 minutes. Repeat if needed.
- Avoid excessive sunlight and tanning booths for three days.
- If you experience swelling, apply an ice-pack. If swelling persists, alternate with hot and cold compresses for 10 minutes.
- If you've been referred by a physician whose given you guidelines that differ from these, follow your doctor's instructions.

BETWEEN APPOINTMENTS

If you tweeze or wax, you are interfering with the natural growth cycle and the hair cannot be treated with electrolysis until the follicle produces a new hair.

Shaving, clipping, and creams remove the visible portion of the hair but won't interfere with the growth cycle. The follicle can be treated as soon as the hair has grown long enough to be grabbed by tweezers, about 2-3 days. Shaving does not make the hair grow back thicker. Try to avoid bleaches since it makes the hair harder to see.

If hair is very thick or long it can be difficult to work with and may impede treatment speed. It's best to shave the area to be treated about 3-4 days prior to treatment.

Please don't hesitate to call if you have any questions.